PREMIER CARDIOLOGY
a medical corporation

APPOINTMENT DATE	APPOINTMENT TIME

401 Old Newport Blvd
Suite 201
Newport Beach, CA 92663
949.478.7373

Patient Instructions for PET/CT Stress Testing

48 HOURS BEFORE

Do not take these medications 48 hours before your test: Aggrenox, Persantine, Theophylline, Theo-Dur, Dipyridamole, and Aminophylline. Unless directed otherwise by your physician.

24 HOURS BEFORE

Do not eat or drink anything that has caffeine, including coffee, tea, decaffeinated products, Excedrin, chocolate, cocoa, herbal teas, and soda for 24 hours before your exam. ***Caffeine will interfere with the results of the test.*** Drinking juice, Gatorade, and water are okay. Drink plenty of fluids the morning of the test so you are well hydrated.

4 HOURS BEFORE

Do not eat or drink anything except water, juice, and Gatorade. **DIABETIC PATIENTS ONLY:** Hold any diabetes medications until they can be taken with food and bring them with you to your appointment.

REMINDERS

- Do not wear lotions, oils, or powders on your chest area.
- Do not wear perfumes or body sprays.
- Wear a comfortable two-piece outfit (that does not have metal) and do not wear jewelry on the day of your test.
- Bring your **Photo ID**, **Insurance Card(s)**, completed **Referral Form**, and **Order** from your physician.
- Bring your medications with you to your appointment.
- No Nitroglycerin patches or Oral Nitrates: Isordil, Sorbitrate, Ismo, Monoket, and Imdur.
- Take all unrestricted medications as you normally would.
- If you are pregnant or think you maybe pregnant and/or breastfeeding notify your physician prior to the test.
- If you are claustrophobic or have a problem with being in a restricted environment for any length of time, please consult your referring physician prior to your appointment.

CANCELLATION

- You must notify us at 949.478.7373 if you need to cancel your appointment; special testing isotopes must be ordered for each individual patient. Failure to notify our office by 12:00 p.m. the day prior to your test will result in a $250 missed appointment fee that will be charged to you directly.

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Patient Signature Date